## **Canadian Powerlifting Union**

## **Official Minutes**

## Annual General Meeting of the Canadian Powerlifting Union Thursday March 13, 2003 – Winnipeg, MB

#### Roll Call

Jeff Butt, President	Brock Haywood, Exec. VP	Paul Gidney, NS
Sean Brown, ON	Tom Nicholls PEI	Bruce Markham, MB
Wayne Cormier, SK	Rick Evans, AB	Bill Jamison, ON
Bob Hindley, BC	Denis Chasse, PQ	Louis Levesque, PQ
Jamie Dougall, BC	Kim Dennis, BC	Marc Filiba, MB

#### Call to Order

3:15 pm

#### **President's Address**

Read verbally by Jeff Butt

## Minutes of the last Annual General Meeting

Distributed prior to meeting ON/MB Passed

## **Treasurer's Report**

Financial Report distributed and examined by all NS/BC Passed

#### REPORTS FROM CPU OFFICERS

#### Referee Chairman:

Bill Jamison NS/PQ Passed

## **Records and Registration Chairman**

Dave Hoffman not present, but his report was handed out. Main point of discussion was that records need to be applied for within 60 days. Those not received in that time will not be recognized.

NS/AB

Passed

#### **Public Relations Chairman**

Mike Armstrong was not present.

#### REPORTS FROM AFFILIATED PROVINCES

Written reports distributed to be read at own leisure. Accepted as presented.

NS/MB Passed

## **OLD BUSINESS**

An enquiry was made into Mike Armstrong's jacket that he was to receive as the out-going president. This has been taken care of, Mike bought the jacket and has been reimbursed.

**Re: Bylaws** 

2:01 NS/PEI Passed

f) change \$12 to \$20 effective 2004

-Jeff Butt brought this motion up as drug testing fees are now required at all World's. This was instated since there were two failed drug tests at the World Games. Discussion followed about whether the extra \$8 that is collected will go directly towards drug testing costs.

3:02 ON/BC Passed

Add "l) Men's & Women's Powerlifting Sub-junior

m) Men's & Women's Bench Press Sub-junior"

3:06 ON/NS Passed

replace "Schwartz and Malone" with "Wilkes" formula

#### 4:04

Change to: "When contest groupings make it such that a lifter could be eligible for two separate age categories, ie. Junior and Open, or Master and Open, any lifter wishing to have a total count for each category must pay an entry fee for each."

## Reason:

A number of lifters wish to be eligible for 2 teams and wish to compete in the highest caliber of lifting

Discussion ensued over the issue. Points raised included:

- -increased likelihood of injuries and lack of recovery time when competing twice.
- -to see Canada's best lifting, would mean some Masters competing as Open
- -World teams are seldom full
- -splitting Nationals again
- -the cost of lifters needing to attend two different Nationals to qualify twice
- -having all competitors of the same body weight competing at the same time

**Proposed amendment to 4:04:** Add "but is only required to lift once."

AB/SK Failed

Addition to 4:04: Add "Starting with Nationals in 2004, all athletes of the same gender and same body weight class, regardless of age division, will compete during the same scheduled session."

MB/AB

Passed

7:01 PEI/MB Passed

Add "j) Men's and Women's Sub-junior Powerlifting

Previous experience establishing a total at a CPU sanctioned contest

k) Men's and Women's Sub-junior Bench Press

Previous experience establishing a total at a CPU sanctioned contest"

9:02 MB/NS Passed

Add "Men's and Women's Sub-juniors"

9:03 MB/BC Passed

Add "A lifter may be considered for the National team if an injury or duties, such as helping at Nationals, i.e. Meet Director, does not allow them to lift. The lifter must have previous National lifting experience. Preference will be given to lifters who attend Nationals in any capacity. They must, in writing, inform their Provincial President of their intentions prior to the National's entry deadline. The Provincial President will in turn contact the CPU President to inform him of the said lifter's request. The lifter will not qualify to a team before a lifter that has competed at the said Nationals. Their best total within a year of Nationals will be the considering factor.

#### Reason:

A number of lifters have expressed concern for being eligible for provincial and Nationals teams because of injuries or commitments they have with contests. As long as a lifter is doing their part and making an effort, we can make exceptions based on past performance.

9:04 NS/MB Passed

Replace "Malone" with "Wilkes"

9:06 PEI/MB Passed

Change "50+ age category" to "50-59 and 60 and over for Men, and 50+ for Women"

9:09 BC/AB Passed

Replace "competed" with "participated" (due to the above changes in 9:03)

#### 9:11(b) - National team selection

Add "A participation fee of \$100 in the form of a certified cheque shall be submitted to the CPU President along with notification of intent by any lifter wishing to be considered for selection to a World team. This money will cover the participation fee and the drug testing costs for the World Contest. This money is to be paid 60 days prior to the Championships, or as indicated by the CPU President, and is the only means of securing a place on the team. If a lifter who pays the fee is not able to attend, they forfeit the fee. A lifter who is not selected to the team, will have their fee returned to them."

NS/VP

**Passed** 

## Reason:

Many lifters do not take the initiative to inform the CPU about their intended participation at the International Championships. By doing this we can choose a team and give a lifter notice if they are selected. This also helps with the participation fee at most Championships and lets the CPU assist in paying for a coach or a team manager.

10:00 NS/ON Passed

Add "Provinces to list eligible NCCP coaches, who are also Nationally qualified powerlifters, and submit each year to the CPU President.

#### Reason:

To create a pool of qualified coaches to provide support to our World teams.

#### OTHER PROPOSALS DISCUSSED

## 1. Mandatory IPF Drug Testing

All lifters that have been selected to the Men's National Team and Bench Press Team must be drug tested 6 months prior to that Championships. Women's teams will be added in 2004.

As mentioned above, the CPU will increase memberships fees by \$8 to go towards drug testing costs, and each World Team Member will be responsible for a \$100 participation fee that will be used to cover the required IPF Drug Testing fee at World Championships.

**2. IPF Hall of Fame Induction Candidate NS/BC Passed** The CPU should nominate Mr. Bill Jamison into the IPF Hall of Fame.

## **3.** CPU Answering Machine

PEI/MB Passed

The CPU should buy an answering machine for use by the CPU President.

#### 4. Tracksuits

A.) Approval of new Team Canada tracksuits

MB/NS Passed

Passed

To approve the new Team Canada track suit design as it was shown.

- **B.**) Approval of sale of Canada Powerlifting jackets

  To approve the sale of jackets that say "Canada Powerlifting" for nonmembers of the World teams.
- C.) Approval of track suit pants

BC/MB

To have black track suit pants for the Team Canada track suits.

## 5. PanAmericans and North American Championships

Discussion over the CPU's support of these two meets. Concerns were raised about the timing of the contests in relation to our National Championships. In general the CPU would like to see athletes at these meets, but the timing of them will dictate our team size.

# **6. Best Team Award**At the CPU Nationals we will no longer offer/ award a "Best Team Award".

#### 7. Random Stimulant Panel Tests

SK/AB Passed

The CPU will complete at least 5 random stimulant panel tests over the weekend of Nationals 2003.

## 8. Public Relations Committee Proposal

SK/NS

**Passed** 

To form a committee to review the current role of the Public Relations chairman, and to develop, if necessary, a description with the roles and responsibilities of this position.

## 9. Government Recognition

The CPU should take diligent steps to get Sports recognition through the Government. Several provinces have been successful in receiving recognition that creates avenues of funding and development.

## ITEMS FOR DISCUSSION - CPU ANNUAL AWARDS

A number of names were put forward for each award and were discussed. After voting, the winners were:

Female Powerlifter of the Year	Heather Ayles
Male Powerlifter of the Year	Tom Nicholls
Female Bench Press Athlete of the Year	LeeAnn Dalling
Male Bench Press Athlete of the Year	Tillman Gallant
Bill Jamison Award	Brock Haywood

#### AFFILIATIONS OF NEW MEMBER PROVINCES

None

## **DELINQUENT PROVINCES**

Walt Forsey will be contacted by the CPU President to address the President's commitment to the CPU.

#### **FUTURE CHAMPIONSHIP BIDS**

Only one bid was received, and Kitchener, Ontario will host Nationals 2004 from March 18-20.

## ANY OTHER BUSINESS

None

## **ADJOURNMENT**

Motion to adjourn at 7:10 p.m.

NS/BC

Passed