# **Canadian Powerlifting Union**

### **Official Minutes**

# Annual General Meeting of the Canadian Powerlifting Union Wednesday April 6, 2005 – Calgary, AB

### 1) ROLLCALL

Kim Dennis	BC	Mike Armstrong	AB	Bob Hindley	BC
Jeff Butt	SK	Ryan Fowler	SK	Heather Ayles	PEI
Bill Jamison	ON	Louis Levesque	PQ	Brock Haywood	MB
Don Cormier	NF	Ralph Payne	NF	Jamie Dougall	BC

Call to order 3:23 pm

### 2) PRESIDENT'S MESSAGE

Read verbally by Jeff Butt

# 3) MINUTES OF THE LAST AGM

BC/SK Passed

Distributed prior to meeting. Sorry for the incorrect date and location on the top of them! I have now corrected this. (Kim)

## 4) TREASURER'S REPORT

AB/MB Passed

A request was made for outstanding fees to be readjusted so they are reflected in the following years' revenues.

### 5) REPORTS FROM CPU OFFICERS

BC/PO Passed

a. Referee Chairman: Bill Jamison

b. Records and Registration Chairman Dave Hoffman

c. Public Relations Chairman Mike Armstrong

#### 6) REPORTS OF STANDING AND SPECIAL COMMITTEES

#### a. Sponsorship Committee

Wayne Cormier

In May, Wayne would like to set up a conference call with all Provincial presidents to discuss his sponsorship findings as he was not able to be present at the AGM. He would also like to see Mike Armstrong's job title renamed as Webmaster, and a Public Relations Officer/Sponsorship Chairman position be created. Wayne would like to put his name forward for this position.

#### 7) <u>REPORTS FROM AFFILIATED PROVINCES</u>

BC/SK

**Passed** 

Written reports distributed to be read at own leisure.

#### 8) OLD BUSINESS

A. Jamie Emberley

AB/MB

**Passed** 

-After an issue at last year's Nationals with Jamie forging Paul Gidney's signature on an entry form, Jamie and his girlfriend were to have paid their \$100 fine each before competing at Nationals (which they did), and then each write a letter of apology to Paul Gidney by April 16<sup>th</sup> (which they did not do). Our consequence was that they were each to be suspended for one year. This has not been applied either. What happened there?

There also now is another letter that was written and sent to Paul Gidney, by Jamie Emberley to be discussed.

To clarify, Jamie and Jenny's letter was received on time, and copies have been received by all CPU Executives.

-It was agreed to last year, that Jeff would update this page on the internet three times a year. Although Jeff did this, it should be more evenly spaced. This year's reports were right after Nationals, the next month and then not for 9 months again. Our members should be using this page to stay up to date on what meets are coming up and how to qualify for them. It could also be mentioned here what teams have openings so that lifters know if they could fill a spot.

Jeff has agreed that the web page will be updated right after Nationals and approximately every three months there after.

#### C. Athlete World's Fund

-It was said that this should be further discussed in 2005. What are we doing? Discussion revolved around the fact that this money should be used only for entry fees and drug testing costs, not for other CPU operating costs. The average costs for World's entry fees are around \$78-84.

Addition to Bylaw 9:10

MOTION: That the remaining monies, if any, from the \$100 participation fee to International contests, be put aside into a separate account for future use by athletes and/or coaches, upon CPU Executive approval.

BC/AB Passed

#### D. Athlete Contract to attend Worlds AB/MB Passed

-Jeff and I were to work on this. We did communicate about it, and Jeff said he was completing it. Can we see the contract and are all lifters receiving it?

Jeff brought an Application form for Team Canada Powerlifting. We would like to see a few minor changes made, and Jeff penned these in. This application will be typed up this weekend to be handed out at the Banquet on Sunday.

#### E. World Games

-The World Games were discussed at last year's AGM, and it was decided that we would use this year's Nationals to compile our list of eligible athletes. We agreed on a set Wilkes numbers for men and women. Now, we have one lifter nominated who has only competed at a Provincial level meet in Canada, was permitted to compete at the North Americans, and has never lifted at Nationals.

If the final date for nominations was approaching, and we had to change our agreed upon procedures for our athletes, why weren't the Executive or lifters themselves notified? Why is a lifter competing internationally without having been to Nationals?

Discussion ensued regarding Canadian lifters not being able to represent Canada at an International meet without having competed at Nationals. This will be discussed in Item J.

#### 9) NEW BUSINESS

### A. Clarity of Agenda items

SK

Wayne requests that all agenda items should be sent out 30 days prior to the AGM. The constitution currently reads 30 days prior to the AGM, so this is already in place. Submitted agenda items should be worded clearly so that all receiving the agenda will understand the reason for the proposal because this is already part of our constitution.

### B. Monthly conference calls for Executive SK/BC Passed

Wayne would like one hour conference calls on Saturdays to discuss relevant issues. Others have suggested monthly emails, as the time zones would make this very difficult. Mike Armstrong could set this up with a group email system for all Executive members. A list of current email addresses and a second provincial contact person was circulated. Provincial presidents will be responsible for contacting Mike Armstrong using the email system when a concern arises, and he will forward the items on to all Executive members.

### C. Athlete Requests

province.

**Jeff** 

### i. Don MacVicker

ON/BC Passed

-Requests the re instatement of his records as he was tested at both the World and National level

-Bill Jamison presented Don's case in support of having two sets of records compiled (as in pre-1986, and post 1986 records based on drug testing). These records should be posted or listed right beside each other. If these lifters can prove that they were drug tested, then their record lifts should be reinstated. Proof required for a lifter to prove that they were drug tested is two signed letters from qualified CPU or IPF officials who were present at the event, or applicable drug testing paperwork. These documents will come back to the CPU Executive for approval prior to the reinstatement.

#### ii. Janet Warne

No seconder/failed

-Requests to lift as an Independent lifter and not be affiliated with any

-Lifters who reside in Canada are required to lift affiliated with a province. If a lifter resides outside of Canada, they are then an affiliated member. This already exists in the Constitution and will not be changed.

### D. Review of the role of the Vice President SK/PO Passed

-Some have requested that the role of vice president be re-examined. There has been a suggestion made that the VP be someone who would step up into the role of president in the future.

-Jeff suggested that the VP be in charge of the Disciplinary Committee. NS suggested that the VP shares the President's role so that the CPU runs more efficiently.

-It was decided that throughout the year the President and Executive VP will discuss this and work on sharing the responsibilities, and present to the AGM proposed changes next year.

### E. Raising CPU Membership fees SK/BC

-Discussion requested about the pros and cons of raising membership fees, and the proposal to have the fees reduced after September 1<sup>st</sup>.

-Many did not want to see fees raised, but membership increased, so that there are more lifters, and more revenue coming into our sport.

-There was discussing from the BCPA would like to see CPU cards reduced to \$10 after September 1<sup>st</sup>. PQ and AB suggested a first time lifter lifts without a card for one meet, where records and totals don't count but they can try powerlifting for the first time. **MOTION**: That the CPU reduces membership card fees to \$10 after September 1<sup>st</sup>.

No seconder/failed

**Jeff** 

### F. USAPL/CPU Challenge

-Many on us were surprised to see this challenge meet advertised on both ours and the USAPL forums before CPU Executive were asked for input. This was not part of Alberta's proposal for Nationals this year, and the correct channels were not followed before the posts were made. Why?

-For future reference, any changes to the running of Nationals that a meet director would like to see must go to the Executive in the sanction application at the Nationals bid.

### G. PL at the Masters World Games PQ

**-**Louis would like Jeff to forward a proposal for the IPF to support a bid for powerlifting to be in the Masters World Games Association.

### H. Use of WADA for Drug Testing

-There are some questions regarding this new affiliation with the IPF. Can National records still be set at Provincial meets if WADA testing is not in place there? We need to be consistent through out Canada on this to ensure fairness to all lifters.

-The CPU does not need to use WADA testing for all National records. Quest tests are okay. World records must be WADA tested. Provinces can continue to use Quest for National records.

-The address for WADA is:

INRS-Institut Armand-Frappier 245, boulevard Hymus Pointe-Claire, PQ H9R 1G6 Canada Phone 514-630-8806 Fax 514-630-8999

-A committee should be formed to short list athletes from the CPU for out of contest drug testing. Ralph Payne, Bill Jamison, and Brock Haywood volunteered to sit on the committee.

**MOTION:** That the above mentioned men form the Out of Contest Drug Testing

Committee. AB/PO Passed

### I. Discipline Issues

#### **Jeff**

#### i. Disciplinary Actions required

British Columbia (3) and Nova Scotia (1)

- -Bob Hindley presented the case of Tom Horlitz at the BCPA Winter Open. Tom did not contact Jeff Butt after the disciplinary letter was sent to him. There was discussion about a course of action to be taken.
- **-MOTION**: That Tom Horlitz be suspended for additional 18 months, until November 13, 2006, and be required to write a letter of apology to the BCPA and the Khalsa Sikh School.

BC/AB Passed

- -Jordan Linteris and Robert O. Smith were also sent disciplinary letters by Jeff. They both fulfilled their obligations, and are able to lift with the BCPA/CPU.
- -Jamie Emberly: Paul Gidney's opinion was read. There was some discussion about whether this was a personal issue, or if this is a CPU matter.
- -MOTION: That Jamie Emberly be suspended for the remainder of 2005, effective after April 11, 2005. 

  NS/ON Failed
- **-MOTION:** That Jamie Emberly receive a disciplinary letter from the Discipline Committee stating that he is being conditionally suspended sentence for a one year time period, starting April 11, 2005. If at anytime, his conduct is unbecoming towards the CPU or a CPU member, his suspension will be activated.

#### MB/ON Passed

### ii. Establishment of a Discipline Committee

- -Discussion ensued over whether the CPU should have a Discipline Committee or not. Jeff would prefer a committee or someone else to assist him with these matters.
- -MOTION: That the Executive VP now be the Chairman of the Discipline Committee.

MB/ON Passed

#### J. Nationals Issues:

#### . Splitting of Nationals into PL and BP Jeff

-Tabled for further discussion some other time

### ii. Establishing regions for Nationals NS

- -This is to do with having a West, Central and East regions in Canada and alternating the location of Nationals based on these regions.
- -It was decided that we would leave things as is with the best bid winning.

#### **K. CPU Forum Issues**

**Jeff** 

- -Discussion over the forum, and use of it for sharing information with new lifters. Jeff said he can put some basic programs on the web site for beginners to try. Mike will continue to moderate.
  - -MOTION: To post the minutes of the AGM on the CPU website.

NF/BC Passed

# L. Qualifying to World Events/ Team Selection

### i. Bench Worlds

Jeff/SK

**-MOTION:** Preference to attend a Bench Only Worlds will be given to those who have lifted at Bench Only Nationals.

### ii. National Qualifying Standards Jeff/BC/ON

Jeff has written a proposal that includes a qualifying standard of a certain Wilk's points to attend Worlds. It would look as follows:

Men: Subjunior 300, Junior 350, Open 400, Master I 375, Master II 350, Master III 300

Women: Subjunior 250, Junior 300, Open 350, Master I 325, Master II 300 He would also like to see that once you have met the qualifying Wilks standard for your age class that you can compete in any weight class.

He has some questions about new lifters being able to understand the Wilks points system to be able to figure out what they need to lift to qualify.

Ontario would like to see a Class IV standard in place for the subjuniors, Master III men and Master II women.

Jeff and others are going to work on the actual Wilk's numbers and share their findings by email.

### iii. Qualifying to International Meets

Jeff wants to state that the only way to attend any International meet is to lift at Nationals that year. An athlete can only secure a spot if they place first in their age category, and in their weight class. All other remaining team spots will be filled by Wilk's.

**MOTION:** To strike the second paragraph of section 9:03 from the Constitution.

SK/BC Passed

**MOTION:** In 9:04, strike the words after "...team member...in total" and add "The remaining team members will be chosen from the pool of athletes that were competing at the previous National Championships, based on Wilk's points."

SK/ON Passed

**MOTION:** To strike 9:09 from the Constitution and readjust the numbering of subsequent constitution items. **MB/ON Passed** 

#### M. Worlds Qualifying Standards

Kim

Should there be a qualifying standard to represent Canada and the CPU at the World Championships? This question arises as women's, junior and subjunior lifters winning their weight class at Nationals, become eligible to attend Worlds, and quite often these lifters compete uncontested. This can mean that some lifters, lifting at their first Nationals, can and will represent us at a World Championships. This problem is particularly a problem for female teams, as there will most likely never be a full women's team at many Worlds.

Also, lifters who want to attend an Open Worlds (as in Bench Press Worlds, etc), even if they are a sub-junior, junior, master etc, should have to have met the qualifying standard as an Open lifter would.

# 10) ITEMS FOR DISCUSSION

#### **CPU ANNUAL AWARDS**

A number of names were put forward for each award and were discussed. After voting, the winners were:

Female Powerlifter of the Year
Male Powerlifter of the Year
Pemale Bench Press Athlete of the Year
Male Bench Press Athlete of the Year
Male Bench Press Athlete of the Year
Bill Jamison Award

Rhaea Fowler
Darren Weatherbie
LeeAnn Dalling
Dan Suberlak
Bob Hindley

### 11) <u>AFFILIATIONS OF NEW MEMBER PROVINCES</u>

None to report until Nunavut meets affiliation requirements.

### 12) <u>FUTURE CHAMPIONSHIP BIDS</u>

#### A. Nationals

**a.** British Columbia

Winner!

**b.** Nova Scotia

### B. Men's and Women's Open Worlds 2007

This bid has been dropped, but Canada is looking at Men's and Women's Open Worlds 2008 or Bench Press Worlds 2008.

# 13) ANY OTHER BUSINESS

### 14) ELECTIONS

The only change to elected positions was that Brock Haywood stepped down as Vice President, as Ralph Payne was voted in.

### 15) ADJOURNMENT

At 9:21 pm