

CANADIAN POWERLIFTING UNION

Official Minutes

Annual General Meeting of the Canadian Powerlifting Union
Wednesday, April 7, 2009 – Quebec City, QU, 10:00 am, Salle Orléans

- 1) Roll Call
Jeff Butt (Pres), Bill Jamison (Ref), Mike Armstrong (PR), Heather Ayles (PE), Joe Oliveira (BC), Glyn Moore (ON) Louis Levesque (QU), Barry Antoniow (TR), John Fraser (NS), Jason Fancey (NF), Brock Haywood (MB), Boyd Lyon (AB), Kain Lyon (AB), Ryan Fowler (SK), Ryan Stinn (SK)
- 2) President's Message
Read by Jeff Butt.
- 3) Minutes of the last Annual General Meeting++
Motion to accept SK – Seconded QU – passed
- 4) Treasurer's Report**
 - Last year's Auditors report from Jeff B.
 - Proposed Budget read and reviewed by Barry A. Discussion revolved mostly around drug testing costs and proposed budget.Motion to accept as changed, SK, Seconded MB - passed
Barry discussed balance in the bank, \$11K, will be earmarked for new drug testing opportunities, OMT, online CCES education costs etc.
- 5) Report from CPU Officers**
 - a) Referee Chairman – Read by Bill Jamison. Discussion around referee clinics and keeping up to standard. Motion that \$1500 be added to the 2011 budget for referee support, by Treasurer,
 - b) Registration / Registration / Public Relations Chairman – Read by Mike Armstrong
Motion to accept BC, Seconded AB – Passed
- 6) Reports of Standing and Special Committees**
 - a) Selections Committee - none
 - b) Disabilities Integration Committee - none
 - c) Funding Committee -
 - d) Disciplinary Committee - none
 - e) Doping Control CommitteeMotion MB Seconded BC – passed
- 7) Reports from Affiliated Provinces**
Motion AB Seconded NF - passed
- 8) Old business - none, except Paralympic committee (under Items for discussion).
- 9) New Business - Action on Proposed Amendments
Submitted items on pages attached.
- 10) Items for Discussion
 1. Strategic Plan (CPU, IPF) (B.Antoniow)
 - report to come from Barry within 6 months
 2. Parapowerlifting Update (B.Antoniow)
 - CPU to pursue integration of ParaPL, Barry to coordinate with them.
 3. National Team Sponsorship (B.Antoniow)
 - SK will create a national sponsorship package.
 4. National Teams nominations and fee payments (B.Antoniow)
 - no changes to current
 5. Special Olympics Coaching and Integration (J.Butt)
 - Jeff reported on his activities with SO, coaching, etc.
 6. Forums for EC and committee members (Sask)
 - 2 forums, one for EC only, one for EC and Committee Chairs

7. Constitutional Changes (Sask, no other details given)
 - regarding how changes are done, via forums, etc.
 - discussion regarding recent constitutional changes, no modifications to process required at this time.
8. Coaching
 - Ryan Fowler to write a Coach exam and job description within 2 months.
9. Status of “unofficial” lists of Ranking, Unequipped
 - Motion to remove all unofficial lists from the CPU site by MA.
Seconded AB - passed
 - Create official “top 100” Rankings lists (format to be determined, Ryan Stinn to lead) SK
Seconded AB - passed
 - Any lifter who has registered a positive doping control test shall have all previous entries on any top 100 list removed . ON
Seconded NS - passed.
10. 100% Raw Federation (Mike A)
 - discussion, currently there is no rule prohibiting our lifers/refs from participating.
11. Absent EC members (SK) – should Kim Dennis continue as Secretary? Jeff will contact her.
12. Proposal to change Article XIX, 3.0 to read:
All referees must be of CPU National Rank or higher.
Proposed by Jeff Butt, second, SK - Passed

11) Affiliation of new Member Provinces

*none have been submitted

12) Delinquent Provinces

13) Future Championships Bids

Nationals 2012 (2011 given to PEI)

National bids must be made in writing, giving full descriptions of the venue and other necessary details.

- Possible for NF, Jeff Butt

14) Any other business

Joe Oliveira discussed insurance for contests

- Barry A to investigate costs and benefits from national perspective.
- Joe Oliveira discussed Doping Control in general terms.

15) Nomination and selections for the annual CPU Awards:

1. Male Powerlifting Athlete-of-the-Year
 - Alex Mardell
2. Female Powerlifting Athlete-of-the-Year
 - Rhaea Fowler
3. Male Bench Press Athlete-of-the-Year
 - John Giffen
4. Female Bench Press Athlete-of-the-Year
 - Rhaea Fowler
5. Bill Jamison Award
 - Daniel Royer

16) Adjournment (SK)

Seconded AB - passed

New Business Proposals

Proposals from BC

ARTICLE XXI : PENALTIES

Add new clause-

1. c.) *CPU Ranking Lists, Club Page and other Lists Of Recognition or Achievement*
 1. *Any lifter who has registered a positive doping control test shall have all competition lifts and/or Wilkes totals made by that lifter prior to the date of the failed doping-control test removed from CPU Ranking Lists, Club Page or other similar Lists of Recognition and Achievement. The Lists will be adjusted as required on an ongoing basis in accordance with drug test results and suspensions.*

BYLAW 8.11

Add the following sentence (in italics)-

Any lifter who has registered a positive doping control test shall have all previous records which he/she may have held, removed .Records will revert back to the previous record-holder. In addition, any previous contest results registered by the lifter on CPU Ranking Lists, Club Page or other similar Lists of Recognition or Achievement will be removed. The Lists shall be adjusted as required on an ongoing basis in accordance with drug test results and suspensions.

REASONS:

1. To be consistent with CPU Bylaw 8.11, which removes CPU National Records from lifters who have failed drug tests.
2. To promote, uphold and substantiate the CPU commitment to “eradicating the use of performance-enhancing drugs from Powerlifting in Canada” as stated in CPU Constitution ARTICLE I –General Provisions (7th paragraph).

Seconded by NF - Discussion followed, motion failed.

Mike A to investigate legal repercussions of removal of previous records and report to the EC.

Proposals from Alberta

1. Addition to Bylaws Section 2:01:
 - 1) CPU website Advertising \$100 annual fee

Reason: This would add a advertising cost \$100 dollars per year to parties who wish to advertise on the CPU website/Forums

Seconded – SK - passed

Proposals from Saskatchewan

1. Change Article XV, 2 from:

Selections Committee: The Selections Committee shall be composed of one member from each province, and shall be responsible for selecting the members of all Canadian National Teams. In the event of a tie vote, the Chairman shall have a second vote to break the tie.

To:

Selections Committee: The Selections Committee has been disbanded for the present time.

Reason: The selection committee is not active at this time.

Seconded by AB - passed

2. Add Article XV, 7 Doping Control Committee: The doping control committee shall be responsible for all matters pertaining to doping control and doping control education. They will be given a budget to be used at their discretion. Items this committee is responsible for include but are not limited to the following:
 1. Educating athletes about anti-doping.
 2. Setting selection criteria for testing.
 3. Setting up a registered testing pool and maintaining whereabouts information for athletes in the pool
 4. Acting as liaison between the CCES and the CPU
 5. Determining disciplinary action in the case of positive findings (Amended item, seconded and passed)
 6. Doping Control Committee Chairman shall be responsible for all communication to the athlete in question. (Amended item, seconded and passed)
 7. Reporting to the CPU on the distribution of tests (positive, negative, in-contest, out-of-contest, number of tests per province, etc.).

Reason: This needs to formally be put in place as we already have this committee operating.

Seconded by QU - passed

3. Change Article XXI, 1, b, 1 from:
Any person who has been suspended for a drug related first offence must apply for reinstatement, and shall be required to pay the full current cost of a drug test to the CPU. This money shall be used to pay for a future test, with the exact time and place of that test determined by the CPU Executive.

To

Any person who has been suspended for a drug related first offence must apply for reinstatement, and shall be required to pay the full current cost of a drug test to the CPU. This money shall be used to pay for a future test, with the exact time and place of that test determined by the **Doping Control Committee**

Reason: This should fall under the Doping Control Committees mandate, not the entire EC.

Seconded AB - passed

4. Remove Bylaw 2:01 h
Bidding Fee for World Championship \$1000

Reason: This fee is a deterrent to potential World Championship organizers. There is already a sanction fee paid to the IPF in the amount of 1000 Euros and asking World Championship organizers to pay money to the CPU for being willing to host a World Championship in our own country is backwards.

Seconded ON - passed

5. Strike Bylaw 2:06

Up to 50% of the annual provincial affiliation fees shall be used to support the travel costs of the CPU President, as referred to in bylaw 4:12.

Reason: If we are going to budget for travel anyway, we feel we don't need to say where the money is coming from, if it is budgeted for, unless we intend to limit it.

Seconded AB - passes

6. Change Bylaw 12:00 from
A special fund shall be maintained to cover up to 100 % of travel, accommodations and meals for the C.P.U. president or the C.P.U.-appointed delegate to attend the annual I.P.F. Congress. A \$2.00 surcharge shall be levied on the sale of each C.P.U. membership card for this purpose.

To

A special fund shall be maintained to cover up to 100 % of travel, accommodations and meals for the C.P.U. president or the C.P.U.-appointed delegate to attend the annual I.P.F. Congress. ~~A \$2.00 surcharge shall be levied on the sale of each C.P.U. membership card for this purpose.~~

Reason: If we are going to budget for travel anyway, we feel we don't need to say where the money is coming from since it will be budgeted for. The only reason we see a need to say where it is coming from is if we are going to limit the amount.

Seconded AB - passed

7. Add to Bylaw 9:01

The CPU shall select Men's and Women's teams to represent Canada at all IPF International competitions. Currently these include Sub-Junior (14-18), Junior (14-23), Open (any age), Master I (40-49), Master II (50-59), Master III (60-69) and Master IV (men only) in three lift powerlifting. Also, teams will be selected for the Single Lift Bench Press championships, in Open, **Junior** and Master (age groups as listed previously). Any additional category of competition that may be added by the IPF or a regional federation at a **later** (spelling) date shall be deemed to be automatically included in the above.

Reason: The IPF now has a Junior Bench Press so it should be added.

Seconded AB- passed

8. Remove from Bylaw 9:04

For categories that are contested by the CPU, but not by the IPF, ~~eg—Junior Bench Press~~, any such category shall be combined with the Open lifters to decide team selections without indication or fees being required.

Reason: The IPF now has a Jr. Bench Press.

Seconded AB - passed

9. Strike Bylaw 9:06

All international team members must be notified in writing of their selection, and all chosen lifters must notify the C.P.U. President, in writing of their intentions within 14 days of receiving notice of their selection.

Reason: This is not currently happening and in 9:07 lifters have to submit their name 90 days prior to the competition anyway.

Seconded MA - passed

10. Strike Bylaw 9:07 e

It shall be mandatory for all team members to stay in the same hotel, whether or not this is the hotel which has been selected as the host facility.

Reason: The IPF has made it mandatory for all lifters to stay in the host hotel. This is redundant now.

Seconded AB - passed

11. Change Bylaw 9:08

Before departing for an international championship, the Head Coach or Team Manager shall be provided by the President of the C.P.U. with a national flag. The Head Coach or Team Manager shall be responsible for the safe conduct of this flag to the competition, and for delivering it again to the President afterwards.

To

Before departing for an international championship, the Head Coach or Team Manager will be required to take with them a Canadian Flag. If one is not available, the CPU will provide money up to \$25 to purchase a flag.

Reason: This is currently not happening and shipping a flag is going to cost almost as much as just buying a flag.

Seconded MB – passed

12. Change Bylaw 11:00 (World Records) from

A World Record-setter will be subjected to a doping control, provided that the lifter has notified his/her provincial association and the meet director, of his/her intention to attempt a World Record, 60 days in advance of the date of the competition at which the successful attempt was made. It is also the responsibility of the lifter to have made arrangements with the meet director and his/her provincial association for payment of the doping control test fee.

To

Athletes who set a world record will have their Record Application Fee waived if their lift is a new National Record.

Reason: World records can only be set at Nationals or higher, therefore notifying meet directors is null and void. We propose to change this bylaw to put in writing what has been the practice over the past number of years where athletes who break world records do not have to pay their record application fee.

Amended to Strike the bylaw, Seconded AB. - passed

Canadian Powerlifting Union
2010 - 12 Budget

	2010		2011		2012	
INCOME						
Memberships (\$25)	650	16,250.00	700	17,500.00	800	20,000.00
Prov. Affiliation fee	9	1,800.00	9	1,800.00	10	2,000.00
Nationals Sanctions	1	500.00	1	500.00	1	500.00
Drug Testing CPU Nationals	125	2,500.00	150	3,000.00	150	3,750.00
Drug Testing CPU Easterns	50	1,000.00	56	1,120.00	56	1,120.00
Drug Testing CPU Westerns	24	480.00	36	720.00	40	800.00
Records	100	7,500.00	100	7,500.00	100	7,500.00
Medals	125	1,250.00	150	1,500.00	150	1,500.00
Advertising (website)	20	2,000.00	20	2,000.00	20	3,000.00
IPF World Championship fees	50	5,000.00	50	5,000.00	45	4,500.00
CPU apparel license		500.00		500.00		500.00
Interest		50.00		100.00		250.00
Total Income		38,830.00		41,240.00		45,420.00
EXPENSES						
Insurance		2,241.00		2,500.00		2,500.00
Administrative		2,500.00		2,500.00		2,500.00
Medals / Awards		2,000.00		2,000.00		2,000.00
President Travel fund		4,000.00		4,000.00		4,000.00
AGM		500.00		500.00		500.00
IPF World Championship fees	50	5,000.00	50	5,000.00	45	4,500.00
IPF Affiliation Fee (200Eur)		500.00		550.00		600.00
Audit and Accounting		1,000.00		500.00		500.00
Interest and Bank Charges		150.00		150.00		150.00
Referee/NCCP development		2,000.00		2,500.00		2,500.00
Drug Tests	18	10,800.00	20	12,000.00	25	15,000.00
Emerging Opportunities		2,000.00		3,000.00		3,000.00
NSF Cheques		20.00		40.00		60.00
IPF Open Coach		700.00		700.00		1,000.00
IPF Masters Coach		700.00		700.00		1,000.00
IPF Jr Coach		700.00		700.00		1,000.00
IPF Bench Open Coach		500.00		500.00		500.00
Website		1,000.00		1,000.00		2,000.00
Promotions		2,000.00		2,000.00		2,000.00
Refunds		65.00		65.00		65.00
Total Expenses		38,376.00		40,905.00		45,375.00
NET LOSS / GAIN		454.00		335.00		45.00

Proposal for Formal CPU Acceptance Of the Canadian Anti-Doping Program

Respectfully submitted by the CPU Anti-Doping Committee – April 2010

For the next important and significant step in developing and enhancing the CPU Anti-Doping Program, it has been suggested by the Canadian Centre for Ethics in Sport (CCES) that the CPU formally adopt the Canadian Anti-Doping Program (CADP). Should the CPU agree to proceed with acceptance, CCES is willing to guide the CPU through this important formality.

There are three methods by which to achieve this:

1. Accept the Program as written in it's entirety
2. Accept the Program as written but with CPU-specific modifications.
3. Have a completely new Anti-Doping Program developed (with CCES assistance-at some cost)

The Committee recommends Option #2 as being the most cost and time efficient choice, while retaining the detail and comprehensiveness of the original document. Following are the Committee's initial recommended modifications to the CADP prior to CPU acceptance:

- 'Transition' clauses 1.25 to 1.27 not needed – delete
- 'Requirements For Test Distribution & Planning' clauses 6.7 to 6.10, 6.12, 6.13, 6.81 - in each clause after CCES, insert '*and designated CPU officials*'. This will then include the CPU in the test distribution & planning process.
- 'Team Sports' clauses 6.109 to 6.112 not applicable – delete
- 'Sanctions On Teams' clause 7.59 not applicable – delete
- 'Sanctions on NSO's' clauses 7.60 to 7.62 – delete until such time as the CPU receives government funding.

NOTES

Results Management

In clause 7.2 it states 'these Rules apply in situations.....when....results management is the responsibility of the CCES and anti-doping rule violations and consequences are to be determined according to the CANADIAN ANTI-DOPING PROGRAM.'

The Committee would like to point out that, although it is ultimately desirable to have CCES perform results management on behalf the CPU, it is not necessary to have that arrangement immediately upon adoption of the CADP. Although this statement indicates results management is to be by CCES, it is possible for the CPU to begin 'small' and initially do results management in-house with advice from CCES, without changing this clause. The CPU is currently doing in-house results management.

Further Modifications After Acceptance

Also worth noting for your decision-making, is that any further desired or necessary modifications to the CPU version of CADP can be made after acceptance as well. Concerns about making further changes at a later date should not dissuade the EC from formally accepting the CADP as a starting point for advancement of it's overall Anti-Doping Policy.

CPU Constitution Adjustments For CADP

Upon review of CPU Constitution Article XXI Penalties and Bylaw 8 Doping Controls, most paragraphs appear acceptable, and align with or exceed the CADP. However, there are a few adjustments/revisions that would have to be made, and could be handled at a later date independently from your decision on acceptance (or not) of the CADP.

The Committee hopes these initial recommendations will assist you in your very important decision on formal acceptance of the CADP.

Regards, Chris Robb, Chairman, Harnek Singh Rai, Member, Bruce Ball, Member

Motion to accept, SK, Seconded MB – passed

Modifications to constitution to be determined by Chris Robb and Mike Armstrong, and proposed to EC via the EC Forum for final approval.

CANADIAN POWERLIFTING UNION

Financial Statements

Year Ended December 31, 2009

CANADIAN POWERLIFTING UNION

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Year Ended December 31, 2009

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S.N.ROY & ASSOCIATES

AUDITORS' REPORT

To the Members of Canadian Powerlifting Union

We have audited the balance sheet of Canadian Powerlifting Union as at December 31, 2009 and the statements of earnings and retained earnings and cash flows for the year then ended. These financial statements are the responsibility of the company's management. Our responsibility is to express an opinion on these financial statements based on our audit.

Except as explained in the following paragraph, we conducted our audit in accordance with Canadian generally accepted auditing standards. Those standards require that we plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In common with many non profit organizations, the company derives revenue from activities the completeness of which is not susceptible of satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the company and we were not able to determine whether any adjustments might be necessary to contributions, excess of revenues over expenses, current assets and net assets.

In our opinion, except for the effect of adjustments, if any, which we might have determined to be necessary had we been able to satisfy ourselves concerning the completeness of the contributions referred to in the preceding paragraph, these financial statements present fairly, in all material respects, the financial position of the company as at December 31, 2009 and the results of its operations and its cash flows for the year then ended in accordance with Canadian generally accepted accounting principles.

Moose Jaw, Saskatchewan
April 6, 2010


S.N.ROY & ASSOCIATES

CANADIAN POWERLIFTING UNION

Balance Sheet

December 31, 2009

	2009	2008
ASSETS		
CURRENT		
Cash	<u>\$ 12,151</u>	<u>\$ 2,996</u>
LIABILITIES AND MEMBERS' EQUITY		
CURRENT		
Accounts payable	\$ 385	\$ -
RETAINED EARNINGS	<u>11,766</u>	<u>2,996</u>
	<u>\$ 12,151</u>	<u>\$ 2,996</u>

ON BEHALF OF THE BOARD

_____ *Director*

_____ *Director*

See notes to financial statements

CANADIAN POWERLIFTING UNION
Statement of Earnings and Retained Earnings
Year Ended December 31, 2009

	2009	2008
TRADE SALES		
Drug Testing	\$ 9,668	\$ 7,660
CPU cards	14,465	6,915
Affiliation fees	3,300	2,450
IPF Fees	-	1,500
Trophies and medals	-	1,882
Sanction fees	20	-
Donations and sundry	-	80
Participation fees	2,300	5,300
	<u>29,753</u>	<u>25,787</u>
EXPENSES		
Interest and bank charges	91	121
Miscellaneous	166	-
Office and telephone	1,997	2,455
Drug testing	12,438	20,325
Trophies and medals	126	2,047
Participation fees	-	148
IPF Fees	5,783	2,807
Audit	385	385
Travel	-	3,118
	<u>20,986</u>	<u>31,406</u>
EARNINGS FROM OPERATIONS	8,767	(5,619)
OTHER INCOME	3	5
NET EARNINGS	8,770	(5,614)
RETAINED EARNINGS - BEGINNING OF YEAR	<u>2,996</u>	<u>8,610</u>
RETAINED EARNINGS - END OF YEAR	\$ 11,766	\$ 2,996

See notes to financial statements

CANADIAN POWERLIFTING UNION

Statement of Cash Flows

Year Ended December 31, 2009

	2009	2008
OPERATING ACTIVITIES		
Net earnings	\$ 8,770	\$ (5,614)
Change in non-cash working capital:		
Accounts payable	<u>385</u>	<u>-</u>
INCREASE (DECREASE) IN CASH FLOW	9,155	(5,614)
Cash - beginning of year	<u>2,996</u>	<u>8,610</u>
CASH - END OF YEAR	<u>\$ 12,151</u>	<u>\$ 2,996</u>

See notes to financial statements

CANADIAN POWERLIFTING UNION

Notes to Financial Statements

Year Ended December 31, 2009

1. PURPOSE OF ORGANIZATION

The Canadian Powerlifting Union is a not-for-profit company incorporated under the Canada Corporations Act to promote powerlifting in Canada. The organization was a registered charity until April 22, 1995, when its status was revoked due to failure to file required Registered Charity Information Returns. The Executive is no longer interested in taking the appropriate steps to apply for re-instatement as a charity.

2. SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES

These financial statements have been prepared in accordance with generally accepted accounting principles.

CAPITAL ASSETS

Only significant capital assets purchased are capitalized. Capitalized assets will be recorded at cost. Capitalized assets will be amortized over their estimated useful lives.

3. FINANCIAL INSTRUMENTS

For bank, accounts receivable, and dues payable, the carrying amounts of these financial instruments approximates their fair value due to their short term maturity or capacity of prompt liquidation. Unless otherwise noted, it is management's opinion that the union is not exposed to significant interest, currency or credit risks arising from these financial instruments.
